

Youth Services

Center Point DAAC offers both school-based and agency-based services for youth ages 12-18 years old.

Harm reduction is supported with recovery as the expectation.

CONTACT FOR DAAC YOUTH SERVICES:

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SUBSTANCE ABUSE
COUNSELOR

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Education/Prevention: educating youth, teachers, social service agencies and parents about risks and issues associated with substance use and mental health. We offer educational substance abuse treatment in a classroom setting. Our 12 week program includes: One Enrollment session, An Assessment session, and a Treatment Planning session. The student will continue to attend weekly substance abuse treatment groups after their initial enrollment. During the last few weeks of the program the student will attend 2 additional sessions with their counselor; an exit planning session, and final discharge meeting.

Early Intervention: working with youth before serious substance use or mental health issues arise.

Substance Use Disorder Treatment: includes individual and group counseling sessions, as well as family sessions and support in crisis. Co-occurring mental health and substance use issues addressed concurrently.

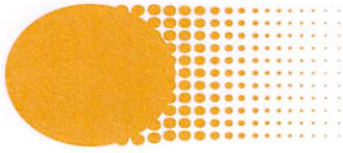
- **School-based:** Located at mainstream and alternative education high schools in Windsor, Sonoma Valley, Creekside, Petaluma, and Rohnert Park provides for individualized weekly services. **Curriculum:** Hazelden Adolescent Recovery Plan, Series (Topics include: Getting Honest, The Disease of Addiction, Facts About Drugs, Family Relationships, and Neurobiological effects of different drugs). *Minimum duration: 3 months, often ongoing*
- **Standard and Intensive Youth Outpatient Services** (available in Santa Rosa, located at Center Point DAAC's main outpatient facility). Provides individual sessions as needed, plus 1 group session per week. Random UA testing is available. Collateral counseling sessions involving parents and other family members encouraged. Group tracks include Teen Drug Education and Cannabis Youth Treatment (CYT). *Minimum duration: 3 months, often ongoing*

Co-Occurring Youth Outpatient Services (available in Santa Rosa located at Center Point DAAC's main outpatient facility). Adapts substance use treatment for youth who also present with mental health challenges such as depression, anxiety and stress. Provides individual counseling and weekly group sessions. Random UA testing available. Collateral counseling sessions with parents and family members highly encouraged and supported. **Curriculum:** Hazelden Adolescent Co-Occurring Disorder Series. *Minimum duration: 3 months*

Enhanced Individual Counseling (for Probation-involved youth): Provides for biweekly or weekly individual counseling sessions throughout the course of a youth's treatment episode to best address issues of relationships, family, stress, anxiety and other mental health challenges, in a private session.

Family Support: For parents, friends and other supportive adults who may have a family member who is struggling with issues of substance abuse. FREE weekly group. Walk-in's encouraged. *No minimum duration.*





Center Point
DAAC

Drug Abuse Alternatives Center

2403 Professional Dr., Suite 101

Santa Rosa Ca. 95403

(707) 544-3295

Are you concerned about problems with Alcohol or Other Drug Use for Yourself or Someone You Care About?

Services Include:

- Outpatient program: enrollment, assessments, residential screening, individual counseling, evidence based educational groups, family sessions, and urine analysis testing.

• Programs Include:

Perinatal Intensive Care treatment, Methadone Treatment, Detox Treatment, Outpatient program, ATP (adolescent AOD treatment provided at 5 school locations), OPT youth services, & Drug Court services.

- **Medi-Cal and sliding scale accepted.**

• Drop-in Outpatient Intake Clinics

-Friday-1:00pm-4:00pm

(Please arrive 30 minutes early to complete the necessary documentation)

Hours:

Monday-Thursday 9:00am-7:00pm

Friday 9:00am-5:00pm

Did you know?

- More than 40,000 people living in Sonoma County struggle with alcohol and drug use.
- Relapse doesn't mean failure! Most people who are addicted to alcohol or other drugs will seek treatment several times in their path to sobriety.
- Many individuals who seek treatment and support for alcohol and drug abuse go on to lead productive lives with steady employment, housing and a stable family life.